

Under Construction and Starting with Me **WOVEN - Pastor Geri Ayers**

Confidence- Webster's Meaning: Full trust; belief in the powers, trustworthiness, or reliability of a person or thing: We have every confidence in their ability to succeed. belief in oneself and one's powers or abilities; self-confidence; self-reliance; assurance: His lack of confidence defeated him.

Confidence - I believe is all about being positive concerning what you can do—and not worrying over what you can't do. A confident person is open to learning, because she knows that her confidence allows her to walk through life's door ways, eager to discover what waits on the other side. She knows that every new unknown is a chance to learn more about herself.

Confident people do not concentrate on their weaknesses, they develop and maximize their strengths. I believe everyone can be a 10 at something. For example, I can be a 2 at playing the piano but a 7 as motivator. If I focused on my skills at motivating people I could be a 10. The world needs more 10's than people who are 4's and 5's

- Confident people make it a habit to think and act positively. Therefore, they enjoy life, and accomplish a lot more
- A person without confidence is like an airplane sitting on a runway with empty fuel tanks. The plane has the ability to fly but without fuel, it's not getting off the ground.
- Confidence is our fuel. Our confidence, our belief that we can succeed, gets us started and helps us finish every challenge we tackle in life.
- Without confidence a woman will live in fear and never feel fulfilled.
- Confidence allows us to face life with boldness, openness, and honesty. It enables us to live without worry and to feel safe.
- It enables us to live authentically.
- We don't have to pretend to be somebody we're not, because we are secure in who we are even if we're different from those around us.
- I firmly believe that confidence gives us permission to be different, to be unique.
- God has created every person in a unique way, yet most people spend their lives trying to be like someone else.
- And feeling miserable as a result.
- God will never help you be some other person.
- God wants you to be you.
- God wants you to experience the peace of mind that comes from resting in his love and living without the torment of fear and doubt.

Are you suffering from Confidence Deficiency?

- Under-confidence is a condition, it might even be considered a sickness.
- And just like many other sicknesses, under-confidence is caused by a deficiency of one thing (Confidence) and too much of another in this case is FEAR.
- Fear is an emotional virus because it begins with a thought in your head, then affects your emotions and behaviors. Just like a virus might invade your body via a handshake or a sneeze and then makes you feel miserable all over.
- Fear is a dangerous virus, because a fearful person has no confidence and can never reach her potential in life
- The Holy Spirit of God is grieved because he has been sent into our lives to help us fulfill our God-ordained destinies.
- Many victims of fear end up being people-pleasers, prone to being controlled and manipulated by others.
- They give up the right to be themselves and usually spend their lives trying to be what they think they ought to be in someone else's eyes.

A confident woman refuses to live in fear.

- I will not fear is the only acceptable attitude we have toward fear.
- That does not mean that we will never feel fear, but it does mean that we will not allow it to rule our decisions and actions.
- The bible says that God has not given us a spirit of fear 2 Tim 1:7

2 Timothy 1:7 Christian Standard Bible

(7) For God has not given us a spirit of fear, but one of power, [a] love, and sound judgment. For the Spirit God gave us does not make us fearful, but gives us power.

- Fear is not of God but the devil's tool to keep people from enjoying their lives and making progress. Fear causes a person to run, retreat or shrink back.
- We have to learn to live beyond our feelings.
- Don't allow feelings of any kind to dominate you, but instead remember that feelings are fickle. They are ever-changing.
- God wants to teach us to walk in the Spirit, not in the flesh and that includes emotions.
- Fear Not, and we must determine that we will obey him in this area.
- Fear may present itself as a feeling but if we refuse to bow down to it- that is all it is a feeling!
- **The main thing I want you to remember is that you can feel afraid, you can feel timid, you can feel downright cowardly and yet you can make the choice to walk boldly and as if fear didn't exist.**

Just Us Girls

- Your free will is stronger than your feelings if you exercise it.
- Your will, is like a muscle, becomes weak if not exercised.
- AS you begin to ask God to help you and exercise your will power against your feelings, it will be easier and easier to be the person you truly want to be, that person God has designed you to be.
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Prayer/Confession

Father I declare I am fearfully and wonderfully made. I chose not to walk in fear. I am bold and courageous. There is nothing that you and I can't handle together. I cast down thoughts that say I am not good enough, That I can't do it. What if I make a mistake. I chose to say I am more than enough I can do it. When I make a mistake I will learn from it and make a better choice next time. I thank you for your peace, love and strength and your provision in Jesus name.